ABSTRACT OF THE DISCLOSURE

A beach or lounge chair includes a generally horizontal component for supporting a user thereon and a leg assembly for holding the supportive component above the ground. The supportive component includes a first opening for accommodating the breasts of a female user. A pocket is attached to and depends from the lower side of the supportive component beneath the opening. The pocket accommodates and obscures the breasts of a user lying face down in a prone position on the support chair. Pressure on the breasts is thereby alleviated.